



INTENSIVE REGISTRATION Form & Agreement

TRAINEE INFORMATION

please print

Name : _____

Street Address: _____

City: _____ State or Province: _____ Zip/Postal Code: _____

Country: _____

Phone: Day: () _____ Eve: () _____

Email: _____ Fax: () _____

Date of Birth (mm/dd/yy): _____ Sex: M / F Occupation: _____

Marital/Family Status: _____ No. of children: _____

Educational Status (check one): Some high school high school diploma or GED some college

BA, BS or equivalent MA, MS or equivalent PhD or equivalent Field: _____

Other professional training. Specify: _____

How did you first hear about Nia? _____

Are you currently taking Nia Classes? Y / N Name of teacher(s): _____

Do you want to teach Nia? Y / N Comments: _____

PAYMENT INFORMATION

Enclosed is a check/money order for my \$500.00 USD tuition deposit.

Bill my \$500.00 USD deposit to my credit card. *Note: not all trainers accept credit cards. Please verify beforehand.*

Number: _____ Expiration Date: _____

Name on card: _____ Signature: _____

Automatically deduct my final payment on due date.

Send my pre-training materials to the following address: (if unchecked, pre-training will be sent to address above)

Street: _____

City: _____ State/Province: _____ Zip/Postal Code: _____ Country: _____

INTENSIVE INFORMATION

Trainer Name: _____

Intensive Location: _____ Intensive Level: _____

Intensive Start Date: _____ Intensive End Date: _____

Intensive Registration Terms of Agreement

All Intensives are limited in size. To secure a space, Nia Technique, Inc. requires a \$500.00 USD registration deposit and a signed Registration Form. Once your deposit and signed Registration Form have been received, you will receive by mail your pre-training materials. Your balance is due 30 days prior to the beginning of your Intensive. If you register less than 30 days before the beginning of your intensive, tuition is due in full. Tuition fees may vary depending upon location and amenities included.

Cancellation and Transfer Policy

All cancellations and transfers must be received by phone and in writing. No refunds will be issued until all of the Nia Technique pre-training materials have been returned to Nia Technique, Inc. headquarters at: 918 SW Yamhill, 3rd Floor, Portland, Oregon 97205 USA. There will be a \$35.00 USD charge for any damaged tape returned. There will be a \$100.00 USD charge for any tape not returned.

Transfer of registration is between intensives led by the same trainer only. To change from an intensive led by one trainer to an intensive led by another trainer, you must first cancel your registration with the first trainer and re-register with the new trainer.

Cancellation and Transfer Fees

Up to 30 days prior to the Intensive Start Date

If you cancel any time up to 30 days prior to the first day your intensive, you will receive a refund less a cancellation penalty charge of \$250.00 USD. If you are approved to transfer into another intensive at another date, you will be charged a \$125.00 USD transfer fee.

Less than 30 days prior to the Intensive Start Date

If you cancel less than 30 days prior to the first day of your intensive, you will receive a refund less a cancellation penalty charge of \$500.00 USD. If you are approved to transfer into another intensive at another date, you will be charged a \$250.00 USD transfer fee. If you fail to cancel your registration and do not attend your training, or if you leave the training once it has begun, you will not receive a refund.

Registration Minimum

A minimum number of registrants is required to hold a Nia Intensive. If this number is not reached 30 days prior to the start of the intensive, the intensive may be cancelled. If for any reason Nia Technique, Inc. or your trainer is required to cancel your intensive, your payment will be refunded to you in full within thirty days of the scheduled Intensive Start Date.

Nia Intensive Trainings Include

Depending upon the training you are signed up for, your Intensive may or may not include over-night accommodations and meals. Refer to page one of this Agreement for the details of what your Intensive includes. Trainers and Nia Technique, Inc. reserve the right to modify at any time the details of what the Intensive includes.

Certificate of Completion Requirements

In order to successfully complete the intensive you must attend every session of the intensive. Once you have completed the intensive, you will receive a Certificate of Completion. The Nia Certificate of Completion does not allow you to legally teach the Nia program or to use the Nia name and logo. In order to legally teach the Nia Technique and refer to yourself as a Certified Nia Teacher, you must adhere to the Nia Technique, Inc. Teacher's Terms of Agreement and pay an annual Teacher Licensing Fee to Nia Technique, Inc. Once you have paid the License Fee and informed Nia Headquarters that you are ready to teach, you will receive a Nia Teacher's Certificate.

Teacher's Terms of Agreement

Because all graduates of the Nia White Belt Intensive are eligible to become Certified Nia Teachers, all participants of the training are required to sign that they have read and understood the Nia Technique, Inc. Teacher's Terms of Agreement.

Agreement and Signature

I fully understand and agree to the Nia Intensive Registration Terms of Agreement and have familiarized myself with the requirements of becoming a Certified Nia Teacher. Should I decide to teach following my intensive, I agree to comply with all points of the Nia Technique Teacher's Terms of Agreement, including payment of the License Fee.

Signed and Dated-

Intensive Participant

Date

Nia Trainer

Date



TEACHER'S TERMS OF AGREEMENT

Terms

- I agree to pay an annual Nia Teacher's License Fee for as long as I teach Nia classes.
- I agree to maintain current CPR training and certification.
- I agree to use the Nia name, logo, 800 number and website on all materials promoting my Nia classes and only when promoting my Nia classes and myself as a Licensed Nia Teacher.
- I agree not to share, lend, copy, or borrow any Nia Technique training materials.
- I agree not to produce or advertise any other products, materials, and/or workouts using the Nia name and logo unless authorization is given in writing by Nia Technique, Inc.
- I understand that I am in no way an employee of Nia Technique, Inc. My status as a Licensed Nia Teacher is an independent position and I am free to negotiate for employment as an instructor in any club, spa or facility.
- I understand that I may discontinue my Nia Teacher License at any time, provided that I do not teach Nia classes or publicize myself as a Licensed Nia Teacher during any period in which my license has been discontinued. I will not receive a credit or refund of any membership fees paid if I discontinue my license during my license term, but may restart at any time and complete the remainder of my license term.
- I understand that Nia Technique, Inc. may revoke my Nia Teacher's License if I do not adhere to the above agreements.

License Fees-

The annual Teacher's License fees are-

For US Residents

\$520.00 USD per year if paid in one payment, or \$51.00 USD per month by electronic debit from checking account.

For Non-US Residents (Canada, Europe, and elsewhere)

\$420.00 USD per year if paid in one payment, or \$40.00 USD per month by credit card.

For Teachers who have achieved Black Belt level

\$370.00 USD per year if paid in one payment, or \$35.00 USD per month by electronic debit from checking account (US residents) or credit card (non-US residents).

Note: these fees are subject to change.

Ongoing Training Obligations

There is no obligation to attend any other than white belt level intensive training in order to maintain Teacher License and to teach as a Licensed Nia Teacher. A period of at least one year must elapse after the completion of one belt level before attending the next belt level.

Logo and Use of the Nia Name

As a Licensed Nia Teacher, you may use the Nia name, logo and statement "Licensed Nia Teacher" only in conjunction with your name, current belt level, and in relationship to the Nia classes or workshops you teach. All Licensed Nia Teachers are required to pay an annual licensing fee. No other products, materials, and/or workouts may be advertised under the Nia Technique, Inc. name and logo without permission from the world headquarters in Portland, Oregon. Failure to adhere to any agreements will result in the revocation of license and use of the Nia Technique, Inc. name, technology, products, logo and relationship to the organization. When presenting any work based upon principles, concepts, and teachings obtained through the Nia Intensive or any other Nia educational materials, the statement, "based on the work of Debbie Rosas and Carlos Rosas" must be included in all printed and publicized materials, even if the work is not presented as Nia.

Agreement and Signature

I have read and understood the requirements of becoming a Licensed Nia Teacher, and agree to comply with all points of the Nia Technique Teacher's Terms of Agreement, including payment of license fees, should I decide to teach Nia following my intensive.

Print Name

Signature

Date



HEALTH PROFILE WAIVER / RELEASE

Name: _____

Street Address: _____

City: _____ State or Province: _____ Zip/Postal Code: _____

Country: _____

Phone: Day: () _____ Eve: () _____

Emergency Information *In case of medical emergency, please contact:*

Name: _____ Relationship: _____

Address: _____

Phone: Day: () _____ Eve: () _____

Doctor's Name: _____

Address: _____

Phone: () _____

HEALTH PROFILE

Weight _____ Height _____ Resting Pulse Rate _____

- | | | | |
|--|-----|--|-----|
| 1. Do you smoke?
If yes, how much? _____ | Y/N | 9. Have you ever experienced shortness of breath, irregular heart beat, or had heavy pressure or pain in your chest as a result of physical activity such as climbing a flight of stairs, walking, cycling, etc? | Y/N |
| 2. Are you taking any drugs or medications? (hypertensives, migraine medication, diuretics,etc.)
Specify: _____ | Y/N | 10. Do you have high blood pressure? | Y/N |
| 3. Have you ever been told that you have heart trouble? | Y/N | 11. Are you diabetic? | Y/N |
| 4. Have you ever had a real or suspected heart attack, heart murmur or stroke? | Y/N | 12. Do you have a chronic illness?
If yes, explain: _____ | Y/N |
| 5. Are you under psychological treatment? | Y/N | 13. Do you have a muscle, joint, or back disorder that could be aggravated by physical activity?
If yes, explain: _____ | Y/N |
| 6. Do you have frequent faint or dizzy spells? | Y/N | 14. Do you have advice from a physician not to exercise? | Y/N |
| 7. Have you ever experienced a seizure? | Y/N | 15. Are you currently pregnant? | Y/N |
| 8. Do you ever experience blurred vision while exercising? | Y/N | | |

WAIVER / RELEASE

To the best of my knowledge the information produced herein is accurate. My participation in the Nia class is voluntary and at my own risk. I release Nia Technique, Inc. of any responsibility for any consequences arising from any activity I participate in provided by Nia Technique, Inc. or any Nia Trainers or Nia Teachers. I hereby release respective owners, instructors, and assigns from any liability for any claims, demands, injuries, actions, or causes of actions to my person or property arising out of or connected with the use of any of the services, equipment, or facilities provided by Nia Technique, Inc. or any Nia Trainers or Nia Teachers. I further understand the activities may involve physical strenuous exercise and risk of bodily injury and I accept full responsibility for any activity I engage in with Nia Technique, Inc. or any Nia Trainer or Nia Teacher. I have carefully read with a full, definite and clear understanding the foregoing provisions and freely enter into the within agreement of the waiver/release.

Signature Date